Create your own "FREE to be ME"

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Become your OWN Catalyst and Set Yourself FREE

"Self Liberation"



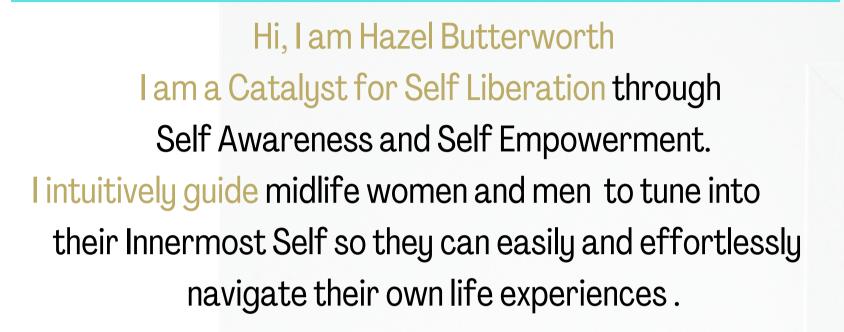
Free to be me erworth







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When you know there is something missing but don't know what that something is, I can guide you to find it for yourself. When you want to change but don't know how, I can guide you to discover your HOW.

When you are frustrated with life and the people around you, I can guide you to dissolving the frustration for yourself. When you cannot see your way ahead I can guide you to seeing with awareness.







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- You will explore avenues of possibility; open the windows of oportunities and potential; dig deep into thoughts and expand conscious awareness; swim in the beautiful seas of emotions; float in the nothingness and stillness of meditation
- You will also bask in a rainbow of colours and sounds; live in the moment of now presence; visit parts of yourself you never knew existed; visit your innermost you and get to know your loving heart; travel across the dimensions of yourself and get to know the vastness of the Universe we live in.

When you embark on your own Self Discovery Journey with me, it will an adventure like no other.



$E = ME^3$ Whats in Your Equation? SOUL KINETICS = The dynamics of Soul, Spirit, Human

"You just burst my Bubble" is a phrase and we all know how that feels, yet we are rarely taught what this really means or how we can prevent it from happening.

I will guide you on your Adventure of Self Discovery to YOUR Innermost YOU so that you can easily maintain equilibrium within your own Energy Bubble regardless of what life entails, or presents.

LOOK, SEE. CHOOSE, BE.

How will you turn your life into a life you love and enjoy? Embrace an adventure of a lifetime and find out for yourself.

Go from UNCERTAIN to UNLIMITED and set yourself FREE. Self Awareness

Self Introspection

- Self Empowerment
- Self Realization **EVOLVE**





Your Freedom awaits YOU

Imagine the FREEDOM to be yourself, everyday. waking up each morning EXCITED about your day. RELIEF of not worrying all day long. TRUSTING your inner voice. REMOVING limitations and inhibitions. BELIEVING in yourself KNOWING yourself inside out LIVING LIFE in EASY FLOW, that feels effortless EXCITED that the BEST is yet to come.

Hazel Butterworth



There is a way through

To unlock the door to your Self Imposed Prison, and live your happy ever after, HERE & NOW.

- \cdot Enjoy life everyday.
- \cdot Feel good about yourself.
- \cdot Feel empowered and confident.
- \cdot Realize your infinite potential.
- \cdot Feel loved and appreciated.
- \cdot Be accepted for who you are.

• Understand yourself completely. Have a clear mind and be open hearted.



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Evolution Pathway

Taking steps to Liberate yourself and set yourself FREE to be YOU



EASY FLOW IVING

Every Experience is helping you to EVOLVE

One step is still a step.... Are you...

- ready to start taking those steps,
- willing to embrace change,
- willing to look closely within yourself
- ready to take responsibility for yourself ???



Lovingly called The Catalyst by students and clients who have felt my gentle nudges and persistence. I will help you to:

- Realize you have the ability and means to find the answers to your questions.
 - Dig deep to discover the gems and beauty you have hidden within you.
 - Develop your own intuition and sensory awareness skills
- Understand yourself and the many aspects /dimensions of you; Soul, Spirit, Human.
 - Be in the present moment, conscious aware and aligned with your truth.
 - Feel connected, at home with who you are and at peace with yourself.
 - Embrace, allow, and accept whatever is showing up in your life as it happens
 - I TEACH from MY own experiences,

I MENTOR and GUIDE you from YOUR own experiences

If you are ready to invest time and energy in creating your own happiness

Lets get started today.







unravel

Self Discovery

Lets get started, We will explore your current challenges.

Whatever your priority is at this moment in time that is causing you anxiety, frustration, or draining you. Enjoy a time out. Gain some insights on "HOW to" calm the anguish. Start recognizing and disolving the triggers in your life.



Self Journey

Lets create new habits, new ways of thinking and new ways of navigating life.

Knowing that we are all energy in motion is just the beginning, the next step is understanding how it all works in real life. Together we will create new ways of seeing yourself, others, and life itself. Start empowering yourself.

KNOW YOURSELF

UNLOCK YOURSELF



Self Empowerment Go for Gold !

Dissolve, resolve, and EVOLVE. Liberate yourself.

Freely create your own reality through Self Awareness and Self Empowerment. We are who we are because of WHO we have been up until now It is in this NOW moment that we CONSCIOUSLY create WHO we choose to be going forward.

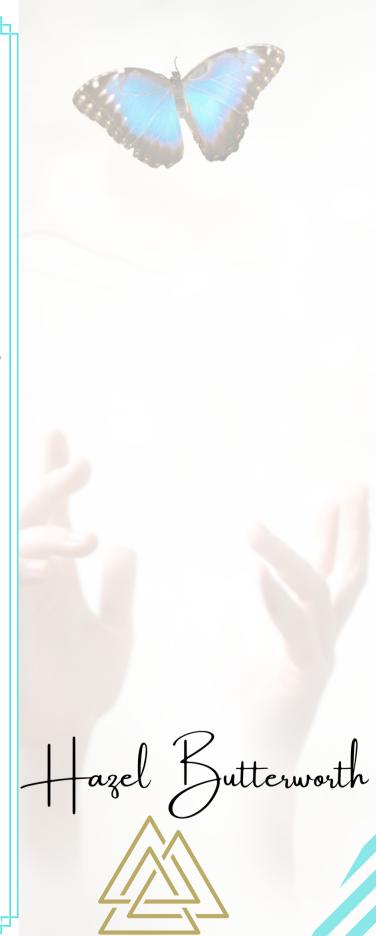
FREE YOURSELF

EVOLVE = Along the way these are some of the concepts you will explore to Liberate Yourself and set yourself FREE.

Evaluate Ego concepts

Existence Energy Bubble Explore and discover Energetically Thinking **Emotion Intelligence** Equation of You Experiences Embracing Life Empathy Envision Enlightenment Expression Ever Evolving **Elementary Self** Epigenetics

Your current situation and challenges. Your Ego is not your enemy, its your shadow, love it too. Your presence, being present Now, Pause, Breathe. You are energy in motion, Soul, Spirit, You. Personal space. Your higher self, inner self (gut instincts), inner child Your thoughts, beliefs, programming, Self talk. Full stop. Your emotions, feelings, Self Love, Fears, how to navigate them. Empowering Moments Your actions, choices, responses, letting go, conscious creation. Your vibes, your chemistry, your essence, number frequencies. Your own experiences, what life and people are showing you. Your own acceptance, surrendering, navigating life with ease Your compassion and understanding of yourself and of others. Your inspired intentions, hopes and desires, dreams Your insights, meditation, introspection, journalling, intuition. Your ability to express and be your true authentic self. Your brilliance, living your freedom to be you. 5D living. Your childhood and inner child Your environment affects your behaviour and your genes





Are you ready and willing to:

- $\cdot\,$ Take responsibility for yourself and make a commitment to yourself.
- \cdot Open your mind to possibilities and create your own magic.
- \cdot Embrace your true essence and step into your own brilliance.
- \cdot Let go of past programming, old beliefs, past hurts and FREE yourself.
- \cdot Invest in yourself and your own health and happiness.
- . Open your heart to love and align with your Soul.







TUNE IN and TURN ON

your own

MAGIC

Toto Bec

Goton GOLD

Become your Own Catalyst

with Hazel Butterworth

3 Weeks

Self Discovery

Lets get started, We will explore your current challenges.

START where you are

Sessions: 1hr x 3

1:1 Mentoring

or Reiki Session (distance or in person)

\$444

5 Weeks

Self Journey

Lets create new habits, new ways of thinking and new ways of navigating life.

START creating your NEW YOU

Sessions: 1.5 hrs x 5

1:1 Mentoring

or

Combination of 1:1 Mentoring and Reiki Sessions **\$888**

Included with ALL options, receive FREE (Set of 3 books)- Hazel Help Series



Self Empowerment Go for Gold !

dissolve, resolve, and EVOLVE. Liberate yourself to freely create your own reality.

ENJOY BEING YOU

Sessions 2 hrs x11

Combination of 1:1 Mentoring Reiki Sessions, plus Extra support

\$2222



EXPLORE Self Discovery

UNDERSTAND EVOLVE Self Journey Self Empowerment

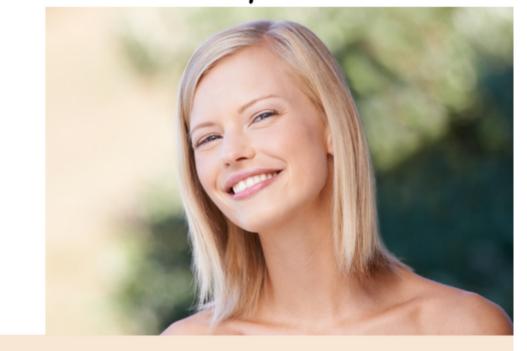




Embrace

Allow





Accept

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ACT NOW, make your decision to GET in TUNE with yourself and ALIGN with Your SOUL PATH .



Book your FREE 30 mins call with me today, lets chat and get to know each other. email: 1800askHazel@gmail.com to arrange a time

Lets see if you are ready to "EMBARK on your ADVENTURE" and if we are to journey together.

I offer personalized Mentoring that is designed espcially for you.

Lazel Butterworth

