

Reiki Mentorship Opportunity

Just for Today I AM
Living from Heart and Soul
Living in the Present
Living Conscious Aware
Living MY Passion & Purpose
Living my DREAM
"I AM"

靈氣

 **Energy Works**
Alberta Reiki Centre

Reiki is - Inviting Happiness

Reiki is the Path to Self Awareness & Self Empowerment that leads to Self Realization and Enlightenment.

Reiki is all about tuning into our own Body, Spirit, Soul connections and learning how they continuously interact and communicate with each other to create health and happiness.

We are all Eternal Energy beings with infinite potential and possibilities, living a life here on Earth, that is governed by the Universal Laws of existence.

There are no shortcuts to Self Mastery, it is only learned through life experiences, practice, dedication and commitment to yourself.

Reiki Living - Set Yourself FREE

Reiki helps us – to become more Self aware of who we are and how we live our lives, allowing and accepting people and things for who and what they truly are.

Reiki enables us – to release old negative thinking, emotions, habits and beliefs, heal past hurts, issues or conflicts.

Reiki is – simple, powerful, natural and safe. It is kind, loving, caring and brings us much happiness, peace and joy.

Learning Reiki is – simply the best and most effective way to help you make positive changes quickly and permanently.

Reiki shows us – how to live in the moment, recognize our lessons and experiences, open our hearts to love, open our minds to possibilities, and unleash our potential to be our True Selves.

Reiki teaches us – about ourselves, our world, our thoughts, words and deeds.



Reiki Path



Reiki encourages us – to trust in ourselves, to trust the process, to trust our own insights and intuition, to trust our gut instincts.

Reiki gives us – opportunities to connect on many levels and dimensions, from the many aspects of ourselves and our Life Records (Akashic Records), to those who are no longer physically with us as well as interdimensional beings.

Reiki enlightens us – it leads us to live our lives pure in heart, pure in thought, pure in deeds with an expanded consciousness and deeper understanding.

Reiki supports us – every step of the way, every day.

Reiki teaches us – to let go of that which no longer serves us, breathe in life, and invite happiness into our lives.

Reiki is – an effective way to meditate, quieten the mind, and connect to your soul

Reiki creates the path to – “The I am , that I am” to become the “I am Presence”

Reiki is limitless – it is always available, its potential is endless

Reiki Path



Benefits of Learning Reiki

BECOME - more Self Aware and Self Empowered.

DEVELOP - your OWN intuition & inner gifts.

DISCOVER - your TRUE Authentic Self and your potential.

ANSWER - your own questions and find your own solutions.

EMBRACE - your own personal journey and navigate it with ease.

EXPLORE - the invisible and interdimensional you.

REMOVE - limitations, fear, doubt.

UNDERSTAND - how your thoughts, words and actions are all energy.

CONSTRUCT - new thought processes, programming and habits.

HARNESS - your own ENERGY

TUNE into UNIVERSAL ENERGY

What people are saying

Good Morning Hazel

I wanted to thank you

If not for reiki I would have taken myself out of this world. It's the only thing keeping me sane.

I thank you for all your teachings, it is what is getting me through second by second. Just wanted to say thank you again xo and wish you well. I know someone who wants to learn about reiki, my oldest daughter. I told her she can only learn from you so when this is all over I will send her your way ♥
take good care Hazel

Michele Goerzen

Absolutely love your teachings...
they make so much sense!

Thank you!

Shelley Chrapko

I am so grateful to have taken my Reiki through Hazel, it's changed my life! I have learned so many tools to help with anxiety and stress and my outlook on life.

Hazel has taught me to help others through Reiki, what a wonderful gift she has given me!

She is such an intuitive teacher giving me everyday examples of how to help situations in my life. I highly recommend Hazel's courses for anyone needing a shift in their life.
Thank you Hazel I will be forever grateful.

Levels of Reiki 1-5

ALBERTA REIKI CENTRE -

Teachings are based on Traditional Usui Reiki that originated with Mikao Usui. We honor and respect those original teachings as we keep Reiki pure and simple. It is in its simplicity that governs its effectiveness. We do not have to believe it for it to work, it simply is what it is and does what it does. All we need do is embrace, allow, harness and direct the flow of energies in and around us.

In EACH LEVEL of REIKI students will

- receive a comprehensive manual and materials for class to support learning
- receive several ATTUNEMENTS, that help OPEN the flow of ENERGY.
- have an opportunity for Self journey and Self discovery
- have an opportunity to ask questions
- take part in meditations designed specifically for each level
-

Levels of Reiki

1

REIKI LEVEL 1 - THE BODY

What is Reiki and the History of Reiki

Daily Reiki Precepts

Daily Self Reiki

Invisible you (Spirit Energy Body) thoughts, emotions.

Breathing, Grounding, Centering, Connecting.

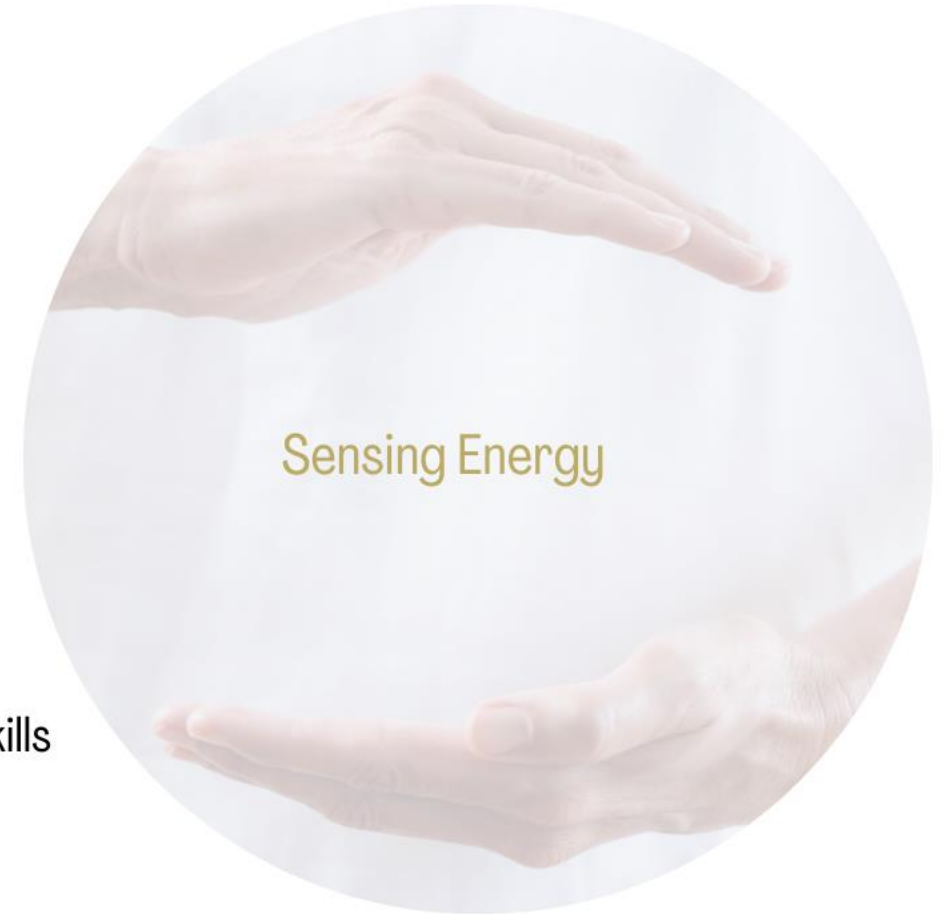
Creating presence and being present.

Self journey, understanding yourself as energy in motion.

Sensing energy to develop your own sensory awareness skills

Interpreting energy.

Reiki for friends and family or pets.



Levels of Reiki

2 REIKI LEVEL 2 - THE MIND

Making conscious **ALIGNED** choices helps to navigate thoughts, emotions, actions as they arise. Three symbols, each has its own frequency, vibration, mantra and meaning. Tune into these frequencies when needed.

FIRST SYMBOL

Teaches you how to stand in your **OWN** power and how to ignite that inner strength and courage just when you need it most. It helps to align all your chakras and energy flows.

SECOND SYMBOL

Teaches you how to balance your emotions to restore inner peace and harmony. It helps align your upper chakras, tune into your intuition, open third eye and heart centre.

THIRD SYMBOL

Teaches how to connect interdimensionally for yourself and for others, as well as how to access your life records and send distance Reiki.

Levels of Reiki

3

REIKI LEVEL 3 - THE SOUL

Empowerment, stepping into your potential and opening to limitless possibilities. WALKING your TALK and WALKING TALL

It is a commitment to Self Mastery, taking what you have learned and applying it everyday of your life.

It is about embracing life as it presents, knowing and trusting you have the skillset and mindset to navigate anything and everything.

It is being your true authentic self and living from the heart and Soul.

It is about understanding all aspects of yourself, realizing your own uniqueness and inner gifts.

It is an expanded awareness of consciousness and LOVE.

It is about understanding the bigger picture, the global and interdimensional YOU, the ONENESS of ALL that is.

We revisit levels 1&2 from a deeper perspective as part of this course.

Students are attuned
to the Reiki Master Symbol.

The journey to
becoming a Master
begins here.

Levels of Reiki

REIKI BLISS -5th dimension - Living from HEART and SOUL

Students who wish to continue their Personal Reiki studies and practice have an opportunity to expand their own Conscious awareness.

Self Mastery is an ongoing commitment, only with practice, dedication and commitment will a student reach that level of awareness towards enlightenment.

When we can meet every experience with Love Compassion and understanding we are living from the 5th dimension, that of ONENESS, rather than that of the EGO, competition , comparison, criticism.

Reiki is a gateway to the 5th Dimensional energy frequencies.

5D Reiki is a group meetup called Reiki Bliss, students have an opportunity for self journey and opportunities for Q&A.





Do you have a desire
to become a
Reiki Practitioner ?

Reiki Practitioner

Levels of Reiki

REIKI PRACTITIONER

Upon completion of Levels 1,2,3. a student has an opportunity to further their studies and become a Professional Reiki Practitioner.

A Reiki Practitioner certificate is issued when a student has completed their 30 case studies. These case studies provide valuable insights and help students develop their own skills to become comfortable facilitating a full Reiki session and assisting clients.

Authenticity and Integrity are two important components of Reiki.

To join a Reiki Association or to apply for insurance, case studies can be requested as proof of study and proficiency.

Time will be set spent to cover the basic essentials for setting up a business professionally and with integrity.

To be certified as a
Reiki Practitioner
students are required to
complete 30 case studies



Reiki Master Teacher

Do you have a desire
to become a
Reiki Master
Teacher ?

Levels of Reiki

REIKI MASTER TEACHER

For those who feel a desire to teach Reiki, congratulations Teaching Reiki is a responsibility and an honor. Teaching Reiki is much more than just learning how to do attunements.

To become a teacher requires an indepth understanding of Reiki plus real life experiences of living Reiki from which to draw from.

This is an in depth course, where you will not only learn how to explain the theory of Reiki, you will also be given lots of ideas, materials, and support to help you create your own classes based on the TRUE ESSENCE and the origins of Reiki.

Course length is 8 full days, split into half days over a few months.

Teaching Reiki is far more than learning how to give an attunement

Levels of Reiki

REIKI MASTER TEACHER

We will visit each level of Reiki, from the perspective of the teacher.

Including the following

- the precepts one by one plus the symbols one by one
- activities to help develop sensory awareness; Energy play.
- breathing, grounding, centering, Head Heart and Hara congruency.
- meditations for self journey and to learn how to connect within
- activities to bring about creative responses
- discussions about how to explain the various concepts in your own way
- table work, how to build up the steps for self Reiki and table work
- Soul whipsers, how to interpret messages or scanning energy.

You will have access to handouts and materials used in Alberta Reiki classes.

You will also receive a copy of my book Exploring Beyond the Physical.

Teaching Reiki is far more than
learning how to give an attunement

What people are saying

"Working with Hazel is a game changer.

She will expertly guide you to a place of awareness, clarity, and your trueself.

Hazel Time is the most important step you will ever take on your journey.

thank you Hazel" DAYLE

Hey Hazel,

"The last few weeks have been the best in years.

There's definitely been a shift that's happened within me.

Everything seems to be coming together finally for me.

I have brand new outlook and its pushing me towards

Happiness and finally some peace of mind. "

Thanks a lot Hazel, you have changed my life. Josh Wutzke

"I highly recommend Hazel as instructor for those considering studying Reiki.

She's thorough, effective, uses great tools and exercises & extensive written resources.

Her coaching is persistent, patient, wide reaching, humble and compassionate.

Her passion for Reiki and assisting others uplevel their lives is clear and true.

She walks the talk and cares that you "get it".

My money and time were well invested with Hazel! "

SUZANNE BELANGER

Your Path

 Energy Works
Alberta Reiki Centre

It all begins TODAY, HERE AND NOW,

It's the Fork in the Road DECISION TIME for you.

- How important is it to reach your goals and live your dreams ?
 - How important is it to feel empowered and confident ?
 - How to you want to live your life ?
- How important is it to have clarity, focus, enthusiasm, vitality ?
- How would it feel everyday living life with the freedom to be yourself ?

Y our WISHES can come TRUE.

Your DREAMS can come ALIVE.

Y our GOALS can be REALIZED.

Your Life
Your Call
Your Choice

Hazel Butterworth

Hi I am Hazel. Often lovingly called "The Catalyst"
I am known for my gentle nudges and persistence
as I guide you to -

Dig Deep to Discover the Gems hidden within you;
Open your mind to Possibilities;
Realize you already have the answers within you.

I am a Catalyst for Self Liberation

Self Awareness and Self Empowerment through
the teachings of Traditional Usui Reiki.

I intuitively guide you to tune into your Heart and Soul
so you can easily and effortlessly navigate
your own life path to peace, joy and happiness.

Many students comment how calming my voice is,
how effective my teaching is and how grateful they are
for having learned Reiki through me.

I have been teaching Traditional Usui Reiki for over 15 years



Book your Call Today

ACT NOW, make your decision to
GET in TUNE with yourself and ALIGN with Your SOUL PATH .

Book your **FREE 30 mins call** with me today,
lets chat and get to know each other.

Lets see if you are ready to embark on your Adventure
and if we are to journey together.

I offer personalized Mentoring for Traditional Usui Reiki



Reiki

 Energy Works
Alberta Reiki Centre

靈氣

Reiki is one of the most effective ways to create
"Empowering Moments" and "Self Awareness"
Being PRESENT is the gateway to BEING FREE.
Reiki is all about YOU and your SOUL

Learning Reiki for yourself is..
INVITING HAPPINESS into your life
BEING IN CHARGE of your life
CONNECTING to your SOUL
HEALING YOURSELF from the INSIDE OUT
IGNITING your own limitless POTENTIAL
COMMUNICATING with your HIGHER SELF
OPENING your HEART to LOVE
ACCEPTING, EMBRACING, ALLOWING
CREATING PEACE, BALANCE and HARMONY
DISCOVERING your TRUE AUTHENTIC SELF
FOLLOWING your OWN LIFE PATH
TRUSTING your OWN INSTINCTS
BEING FREE to BE YOURSELF



Hazel Butterworth
1800askHazel@gmail.com

Become Your Own Catalyst

Create Your Own Happiness

Live Your Dreams TODAY

Hazel Butterworth