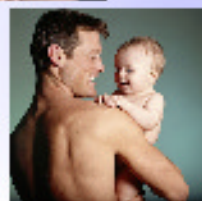




Expecting
Parents



Parent
and child



Reiki

is an effective tool
to assist in creating
and nurturing successful relationships as
we progress on our journey through life.
Each relationship is a living creation that
is made of a special blend of energies.
Invest in yourself - Invest in your family.

Reiki

Create long lasting
relationships filled with
love and understanding



Reiki for all the family
moms, dads, children

Energy Works 
Alberta Reiki Centre

Kids



Teens



Energy Works / Alberta Reiki Centre
encourages individuals to take an
active role and responsibility for
their own health and well being.
We offer interactive learning through
Classes, Workshops, Sessions,
Presentations, and Corporate Training
contact hazel@albertareiki.com



Hazel Butterworth
www.albertareiki.com
780.719.2280
Sherwood Park. AB

Men / Women



Couples

Tuition for Everyone

Couples Reiki



**Enhance
or Heal your
relationships
with Reiki.**

As a couple grows in Reiki,
the relationship also grows.

Reiki works for the best and
highest good of both individuals.

- Build -

stronger relationships, become
more supportive, compassionate,
understanding, forgiving.

- Create -

more awareness and sensitivity
to each others needs, physically,
emotionally, spiritually, intuitively.

- Improve -

communication, release and let go of
redundant emotions, hurts, traumas.

- Increase -

your ability to give and receive
Unconditional Love to self and partner

- Promote -

balance and harmony in the home,
at work, at play, with friends & family.

Private classes available

Expecting Parents



**Reiki is safe to
use for all stages
of pregnancy.**

- Conception -

couples wanting to get pregnant can benefit
from sessions to help prepare.

- Pregnancy -

connect to your baby energetically,
relieve morning sickness and stress,
aid relaxation, help breathing techniques.

- Delivery -

lessens pain of contractions and birth,
helps create a peaceful calm atmosphere.

- Post Partum -

reduces emotional roller coaster
of adjusting to new baby.
reduces stress and anxiety.

helps moms adjust to baby and
babies adjust to the outside world.

Dads or Birthing Partners

can be more involved with the whole
pregnancy. Before birth - treat mom, baby
or self when needed, connect to the unborn
child. Delivery - help ease pain of labour
and create calmness. After birth - help
everyone adjust to being a new family,

Kids & Teens



**Children are our
most valuable
resource .**

**Give your child
the gift of Reiki.**

- Encourages -

Self Empowerment , Self Awareness.
Self Acceptance, Self Motivation.

- Promotes -

Creativity, Intuition, Empathy, Compassion-

Helps -

to release traumas and hurts
before they build up in the Auric field.

- Enhances and Builds -

Self Esteem, Confidence, Character

- Supports and Assists -

with emotional and physical issues.

- Provides --

Teens with the right forum for
manifesting a life of love, peace,
harmony, and healthy relationships.

-Improves -

the ability to focus and concentrate..
invaluable for studying, exam stress,
sports or competitions, meditating.
Help your child be the best they can be
with Reiki and Energetically Thinking.

Tuition for all the family

Flexible dates to suit your schedules

Book your class today