

Courses available

Reiki can be learned by anyone who is open and willing to recognize this healing energy flowing through them. Once learned, Reiki is with you always.

First Degree - Body

Learn the history and what is Reiki.
Discover how to sense Energy.
Learn the technique of how to give Hands on Sessions to self, friends, family, pets, plants

Second Degree - Mind

Learn to enhance daily life using three Reiki symbols.
Learn to do Distant Healing for individuals or circumstances.

Third Degree - Spirit

Learn the Master Symbol, the key to empower yourself. Reiki is not just something you do for self and others, it something you become.

Master / Teacher

Learn how to Teach Reiki and how to conduct Traditional Japanese Reiki classes.

Enjoy the benefits

of Reiki

Reiki helps when coping with...
the pressures of exams, meetings,
presentations, recital performances.

Reiki helps with Lifestyle changes..
making decisions, weddings, divorce,
moving house, starting new job or school.

Reiki helps when coping with...
the Emotions and Stress of work, grief,
family matters, pregnancy, children,
operations, illness of self or others.

Relax, make some time
for yourself before, during or after..
a busy day or hectic week..


Enjoy a moment
Just for You

Hazel Butterworth

hazel@albertareiki.com

780.719.2280




Energy Works 
Alberta Reiki Centre
Sherwood Park

Empower Yourself Today..

Harness your own Energy.
Improve your Health.
Enhance your Life.
Create Happiness.

靈 Simple
Powerful
氣 Natural
& Safe

Reiki

Energy Works 
Alberta Reiki Centre

If you are...

feeling stressed out

low on energy or blah

unmotivated, not sleeping well

feeling stuck emotionally

needing a boost for your
body, mind and/or spirit

having surgery or had an accident

Reiki can help you

When you are feeling relaxed your
body is better able to handle lifes
ups and downs at home or work.

Reiki relaxes you

enough so that you can have
a better attitude towards
your illness or problem,
which helps you to
recover more quickly.

Reiki

Wonderful for Stress Relief
and a great way to
Recharge your batteries

The most Wonderful Gift
you can give yourself
and those around you

Strengthens the Immune system

Relieves pain, loosens blocked energy
and cleanses the body of toxins

Promotes Deep Relaxation
evoking a sense of Peace and Calm

Promotes Physical Well-being
and has a Positive effect on emotional
and spiritual equilibrium

A Japanese form of
relaxation and stress reduction
with many healthy benefits

Reiki is similar to having
a wonderful, gentle, soothing
massage without the oils
and without having to remove
any clothing.....not even socks!.....
so it can be done any time
and anywhere.

Reiki works with the
energy flows in and around your
body to restore balance to them.

Tuition for All Levels

Individual Sessions

Group / Event
minimum 3 hrs

Corporate Sessions
Set up at your Workplace

Corporate Tuition